



CANCER CARE CLUB

September/October 2019

Here we are with another summer behind us and autumn and winter to look forward to. The Summer Party at the Abbots Barton Hotel on 3 August was again a resounding success. We have our regular lunches at the Abbots Barton Hotel on the third Thursday of each month to look forward to as well as the Christmas Lunch coming up on Thursday 12 December 2019. More on the Christmas lunch later in the newsletter

Daphne had some bad news, that the outings provider Buzzlines has gone into receivership. Daphne and some of our members had potentially lost over £500 in booking fees. Daphne is pleased to announce that she has received a refund of the outing fees and has arranged for those members affected to receive a refund. Daphne has also negotiated with another outing's provider. The company is called 'Crosskeys' and the first outing with them took place on Monday 9 September with a trip on the River Lee. If you have any queries on this or want to ask about future outings, contact Daphne on 01227 720631.

Summer Party 2019

The Annual Summer Party was again held on Saturday 3 August at the Abbots Barton Hotel. There was as usual a very big raffle and all those in attendance enjoyed some marvellous food. Below are some pictures of the event.

Summer Party Pictures





Trip on the River Lee & Canal

Our first trip with our new outings' provider, CrossKeys was on the River Lee and canal. After all the lovely weather we have had it was a rainy day but still enjoyable. We changed from our feeder coach at Ashford and to our delight, our main driver was Bill who we know from Buzzlines. We had lunch at the Fish & Eel pub at Dobbs Weir. We then joined our boat for a two & a half hour cruise to Ware. Our host on board was Mel, who explained all the details on our way plus a few well-chosen jokes! We passed through three locks, where Mel had to go and open & close the gates. We picked up our coach again at Ware at 4.15pm. By then the rain had stopped. Our first trial outing with CrossKeys went very well. I have booked several other outings. I must wait for next years' new brochure before booking for 2020. **Daphne**. Shown below are a few pictures of this trip.

Some pictures of our River Lee trip:



Gordon Clarkson Shows

Walpole Bay Hotel have increased their prices considerably, so it is no longer viable for Gordon to run his shows there. Gordon has located another venue at the Smiths Court Hotel opposite the bandstand. The only date they can offer is 28 November 2019. The cost is £22.50 per person including the show and a cream tea. Last date for bookings is 28 October

2019, if there are enough people interested. The show is: **'I've Got Gershwin'** a slick sophisticated floor show, featuring the wonderful words & music of George & Ira Gershwin & Friends. If you are interested, then please contact Daphne on 01227 720631

Abbots Barton Hotel Monthly Lunches

The lunches at Abbots Barton Hotel on the third Thursday each month are still as popular as ever, so please come along and meet all the other members for a bite to eat and a chat. Lunch costs only £3.50 per person. This is subsidised by the Club so is good value.

Raffle Prizes Wanted

If you have anything which could be donated as a raffle prize (an unwanted present that needs a good home)? We would be very glad to take it off your hands. If you need something collecting contact Daphne or one of the other Committee members to arrange this.

Unwanted Jewellery, Watches & Fountain Pens

If you have any of the above that you no longer need, we can raise money for the club by selling these. Either bring them along to one of our lunches or call Daphne on 01227 720631 who will be pleased to arrange collection.

Reminder: 'Donate Now' button on our website

To make it easier for people to donate to the Club if they want to support our activities, there is a 'Donate Now' button to the website. You can use PayPal, or a credit or debit card.

What has the Club been doing with its funds?

As you all know, we use a small amount of our funds to support social activities for our members. We use most of our funds to buy items for the Kent and Canterbury Hospital for the benefit of cancer patients.

Our latest project. As we have informed you previously, our last major project, was the Sentinel Node Biopsy Probe for the Head & Neck Team, which is helping to avoid unnecessary lymph node removal during head and neck cancer surgery. This investment of £12000 is now in use and is saving many unnecessary neck dissections and therefore patients suffering and surgical time. We are always looking for more ways to support cancer services and are always looking at new projects.

The Cathedral Day Unit pre-assessment room has now up and running for some months. This has proved to be very beneficial to newly diagnosed patients, who no longer have to go through the main chemotherapy area on their first visit to the Cathedral Day Unit.

Electrical hook up point at Tesco in Whitfield. We have agreed to fund an electrical hook up point, for use by the Hope for Tomorrow, mobile chemotherapy unit (Chemo bus). This allows those patients that are suitable, to receive their chemotherapy closer to home and

takes pressure off the chemotherapy units at the main hospitals. The overall cost is £2871.08p We have given the Trust the go ahead so this work can be done quickly. Our friends at the local Prostate Support Group may to agree to fund 50% of this cost. We should hear about this by the end of September. We hope you will agree that this is a very good use of our clubs' funds, as it benefits many patients from across a wide range of cancer types.

Future Projects. If you are aware of any other potential projects, you would like to see us support then please let a member of the committee know and we will take it forward.

Club Website

The Club website, www.cancercareclub.org, is a resource for both newly diagnosed patients and families and friends as well as those who have completed treatment. If you haven't already looked at it, please do so because we would really like to know what you think of it. We do our best in keeping it up to date but as members you may like to see features, we have not included. There is a contact page if you would like to send the Webmaster a message. You can also donate online by using the '**Donate Now**' button.

Email Request

Please let us know if you have an email address, we can use to send you our newsletter, as this saves paper and postage, or if you change your email address, please let us know at hodgsonmg@gmail.com or tell one of the committee. Thank You.

Heather Morgan Fundraising

We are delighted to inform you that Heather will hold yet another 60/70's disco at the Deal Victoria & Barnes Close Cricket Club on Saturday 23 November 2019. Thanks again Heather for your sterling efforts in fundraising for us. This is even more notable given the very difficult year Heather has had.

Asda Collections Friday 27 September and Saturday 28 September 2019

With the kind permission of the Sturry Road branch of ASDA Supermarkets, our club will carry out another two-day charity collection in the foyer. ***If you can spare an hour or two to help, then please contact Daphne on 01227 720631***

Christmas Cards for sale: Daphne has Christmas Cards for sale at £3.50 for a pack of 10. These include our club logo, so please consider buying some to help support our club. The card designs are very attractive and make a great seasonal splash of colour. C Contact daphne on 01227 720631 if you are interested or see Daphne at one of our events or lunches.

Richard Ovenden Coffee Morning: The following article appeared in the local paper: A successful Coffee Morning fundraising event was held at Richard Ovenden's home in Woodnesborough on Friday 28th June. A raffle was held, and donations were also forthcoming by visitors and non-attendees. The event was much enjoyed by all and funds were swollen by another princely sum of £530.00p which will go towards further purchases of equipment and services for Cancer sufferers. The Club would like to take this opportunity to thank all their supporters for their generosity and particularly Richard for making this event possible.

Outings and events planned for the rest of 2019:

Outings:

Wurlitzer London £45 per person. Tuesday 26 November 2019

Kew Gardens Evening Walk £33 per person. Friday 29 November 2019

Friday 6 December 2019 Brick lane Music Hall, Lunch & Christmas Show, £67.

Please contact Daphne on 01227 720631 if you are interested in any of the outings

Events:

Wednesday 25 September 2019 East Kent Ploughing Match. Sheperdswell, Daphne will have a stall at this event.

Saturday 2 November 2019, early Christmas Sale at the United Reformed Church Whitstable. 0930-1230., Daphne will have a stall at this event.

Gordon Clarkson Show 28 November 2019

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Wednesday 4 December 2019, Christmas Party and Quiz. To be held in the reception/waiting area of the Cathedral Day Unit Kent & Canterbury Hospital at 7pm. Please bring a plate of food to share.

Thursday 12 December 2019. Annual Christmas Lunch at the Abbots Barton Hotel Canterbury. Price £22.50 per person. ***Please see the booking form at the end of this newsletter.***

The General Data Protection Regulations new law came into effect in May 2018 which affects the way we keep information. We send out newsletters by post and email to our members, but we will never pass on your details to a third party under any circumstances. Should you wish to be removed from our mailing lists please do let us know your details by post or email - together with your full name and postal address., Your details will then be removed.

If you change your email or postal address at any time, we should be most grateful if you would please inform us so that we can keep our records fully up to date. Please write or email to let us know. Thank you.

We hope you enjoy this latest newsletter. We are always looking for interesting items to include. If you wish us to include anything then please let either Daphne or Malcolm know, and we will do our best to include in the next edition.

Cancer Care Club Contacts:

Daphne Woodcock, Social Secretary & Fund Raiser 01227 720631

Malcolm Hodgson, Secretary & Webmaster 01843 639777 or 07760301116

hodgsonmg@gmail.com

Eve Twyford, Treasurer 01227 766166

Peter Cross, Press Officer 01227 793393

Newsletter Secretary, **currently vacant (being covered by Malcolm Hodgson).**

If you no longer wish to receive the newsletter contact Daphne or Malcolm

**Christmas Lunch 2019 At The Abbots Barton Hotel on
Thursday, 12th December 12.30 for 1.00 pm**

**On Arrival - Non-alcoholic Punch/Fruit Juice with nibbles in the Lounge.
Alcoholic Drinks available at the Bar (Your own purchase).**

Please choose one number only from each course

There will be a bottle of Red and White Wine, a jug of Orange Juice and Water on every table.

STARTERS

- (1) Vegetable soup with Garlic Croutons (V)
- (2) Orchard Farm Ham Hock Terrine, Toasted Brioche & Pear Chutney
- (3) Prawn Cocktail, Blinis, Pickled Vegetables

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MAIN COURSE

- (4) Roasted Turkey from the Butcher of Brogdale, Roasted Potatoes, Honey Roast Parsnips, Sage & Chestnut Stuffing & Gravy. (GF)
- (5) Vegetable & Kentish Blue Cheese Strudel (V) Chestnuts, Spinach, Parsnips, Red Wine Sauce
- (6) Pan Fried Whole Plaice, (GF) Pink Fir Potatoes, Samphire, Lemon & Caper Brown Butter
- (7) Slow Cooked Duck Leg Dauphinoise Potato, Green Beans, Sherry Gravy

All main courses are served with a selection of traditional winter vegetables from

Watts Farm in Kent

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DESSERT

- (8) Homemade Christmas Pudding, Courvoisier Brandy Custard
- (9) White & Dark Chocolate Truffle (V) Passionfruit & Mint Salad, Rose Sorbet
- (10) Mixed Fruit Salad
- (11) Fine Cheese from Kent & Sussex, Ashmore Farmhouse, Kentish Blue, Saint Giles.
Water Biscuits, Celery, Pear & Vanilla Chutney

Vegan Options Available

**There will be fresh filtered organic coffee or tea and Mince Pies served for everyone
and a Raffle afterwards**



If you would like to attend, please return this form with a cheque payable to the Cancer Care Club

Name(s):

Address.....

..... Tel. No. _____

Amount of cheque £22.50 per person £.....

Menu Choice No. for Each Person

You: _____ Your Partner: _____

Return to Daphne Woodcock, Eversfield, Canterbury Road, Wingham, Canterbury CT3 1NL

(Tel 01227 720631) Before Saturday 30 November 2019 at the very latest.

(The sooner the better). Please enclose a SAE for your receipt. Also note that your booking cannot be confirmed until payment has been received.