



# CANCER CARE CLUB

## September/October 2018

So here we are with summer now a memory and the colder months of winter to look forward to. The Summer Party was a great success, some 80 people enjoyed the buffet style meal. We can look forward now to our Christmas Lunch on Thursday 13th December 2018. Booking form and menu are at the end of this newsletter.

You will see later in the newsletter that Daphne still has some spaces on the remaining outings. To book contact Daphne on 01227 720631.

The lunches at Abbots Barton Hotel on the third Thursday each month are still popular so please come along and meet all the other members for a bite to eat and a chat. Lunch costs only £3.50 per person. This is subsidised by the Club so is good value.

## Other Forthcoming Events:

**Third Thursday of every month**, lunch at the Abbots Barton Hotel 12-2pm.

The next few lunches will be on:

18 October 2018

15<sup>th</sup> November 2018

**Christmas Lunch 2018:** This has been booked for Thursday 13<sup>th</sup> December 2018. Please see the booking form at the end of this newsletter and get your booking in early to avoid disappointment as spaces are limited. We have decided to make this an adult only event as the venue is not suitable for children. The cost this year is the same as last year at £22.50. Make your selection on the booking form and send it in to Daphne with your payment ASAP. **Closing date for booking is 1<sup>st</sup> December 2018 at the very Latest.**

**Daphne has more outings for you, our members to enjoy. Please call Daphne on 01227 720631 to book or speak to her at one of our events:**

**Walpole Bay Hotel:** Thursday 8 November an afternoon Vintage Musical show presented by Gordon Clarkson. Show £10 (concession for Club members) and £10 for afternoon tea (optional

**Kingston Christmas Market:** 30 November. Followed by Kew Gardens Illuminations. This is a special for Cancer Care Club Members and will be £59 per person if we fill a 16-seater coach. (more if we have less than 16). 30-seater coach £51 if full (will cost more if less than 30) **please book now!**

**Brick Lane 4 December:** Lunch and a special Christmas show £72, so book

early for this popular event.

### **How to Book Outings:**

Contact Daphne on 01227 720631 for availability. Cheques should be made payable to D. Woodcock and sent to: Daphne Woodcock, Eversfield, Canterbury Road, Wingham, Canterbury CT3 1NL  
If you require a receipt, please enclose a SAE.

### **Other upcoming events:**

- United Reformed Church Whitstable Christmas Fayre 3 November 9.30am-1pm. Daphne will have a stall so come along and give her your support.
- Daphne has a stall at St Nicholas At Wade Church on 27<sup>th</sup> October 2018 from 10am to 3pm. Come along and support this event and help Daphne raise funds for our club.
- 60's / 70's Disco at the Deal Barns Cricket Club 24 November. Tickets £7.50 per person available from Heather Morgan 01304 363710. Ticket price includes supper. **NOW SOLD OUT!**

### **Asda Collection**

We have our next collection on 28/29 September 2018., If you can spare a few hours to help then please contact Daphne. We raised over £900 back in May so come and give a hand and see if we can do better this time!

Daphne can be contacted on: 01227 720631.

### **Raffle Prizes Wanted**

If you have anything which could be donated as a raffle prize (a present that needs a good home)? We would be very glad to take it off your hands. If you need something collecting contact Daphne or one of the other Committee members to arrange this.

### **Reminder: 'Donate Now' button on our website**

To make it easier for people to donate to the Club if they want to support our activities, there is a 'Donate Now' button to the website. You can use PayPal, or a credit or debit card.

### **What has the Club been doing with its funds?**

As you all know, we use a small amount of our funds to support social activities for our members'. We use most of our funds to buy items for the Kent and Canterbury Hospital for the benefit of cancer patients. Our latest Project, as we informed you previously, is the Sentinel Node Biopsy Probe for the Head & Neck Team, which is helping to avoid unnecessary lymph node removal during head and neck surgery. This investment of £12000 is now in use. This is now saving many patients additional neck surgery and the after effects of lymph node removal, which can have lifelong consequences.

We had allocated £3000 to help upgrade a room in the Cathedral Day Unit for use as a pre-assessment room to avoid newly diagnosed patients having to be taken through the main treatment area. This has now been completed and is in use to the benefit of all new patients attending the unit.

If you are aware of any other potential projects, you would like to see us support then please let a member of the committee know and we will take it forward.

### **Club Website**

The Club website, [www.cancercareclub.org](http://www.cancercareclub.org), is a resource for both newly diagnosed patients and families and friends as well as those who have completed treatment. If you haven't already looked at it, please do so because we would really like to know what you think of it. We do our best in keeping it up to date but as members you may like to see features we have not included. There is a contact page if you would like to send the Webmaster a message.

### **Email Request**

Please let us know if you have an email address we can use to send you our newsletter, as this saves paper and postage, or if you change your email address, please let us know. Thank You

**Daphne is busy selling the new range of Christmas cards**, on sale at £3.50 per pack of ten. These are over printed on the back with the Cancer Care Club's name. They are available from Daphne and at our monthly lunches and other events. Please buy some to help support our work.

### **Report on the trip to Norwich and The Broads by Daphne Woodcock**

That Thursday started very early and dull. After some light rain, the skies brightened by the time we reached Norwich. It was then time to have a lovely lunch and a little walk before getting back on the coach for the trip to the Broads.

We parked at Horning for the Southern Comfort Mississippi Paddle Steamer. Surprise, Surprise, who should be waiting to say hello! Wendy and John who used to come to our meetings and who have moved to Norfolk. It was a lovely surprise and they are looking very well on the Norfolk air.

The paddle steamer took us up the River Bure. The Captain gave us an interesting history of the area and there was lots of nature to see on the way.

We passed the Ferry Inn at Horning where, on the evening of 26 April 1941, a German bomber dropped 15 bombs on the Broads. "One hit the pub, at 9.44pm. The pub was quite full at the time and 22 people were killed and four injured. "Most of them were civilians, but five were RAF personnel stationed at the nearby Coltishall base." A very sad event

remembered by a plaque in the pub. We understand that one of the RAF personnel who frequented The Ferry Inn, was the famous WW2 fighter pilot Douglas Bader.

The trip was just over two hours on the water, then it was back on the coach for the long trip home!

Below is a picture of our members standing by the paddle steamer.



### **Report on the trip to Chatham Historic Dockyard to see The Salute to the 1940's by Ros and Geoff Bradley**

Our day out at Chatham Historic Dockyard to see their 'Salute to the 40's, started with boarding the Buzzlines coach at Canterbury Bus Station, stopping at Whitstable and Medway services to pick up other passengers.

Then it was a short journey to the Chatham Historic Dockyard. Once inside there was plenty to see. We joined Daphne, June and Mavis in the restaurant, for a lunch of lovely fish & chips. This made sure we beat the queues later!!!

We left to wander round, there were replica shops, vintage market stalls, selling everything from vegetables, clothing, bric-a-brac, old style vans selling food, tea in enamel mugs, vintage bars selling beer and cocktails.

There were classic cars, Army Navy and RAF vehicles and aeroplanes with all the equipment laid out in tents. Owners dressed in uniform or day clothes.

We met up again with Daphne, June and Mavis at the Spitfire stage (One of three around the docks), to listen to the singers, watch the dancers and listen to the Glenn Miller band and the comedian. The singers were performing all the old songs and if you knew the words you could join in a sing-a-long.

Lots of people were dressed in 40's style clothing and uniform, walking about, dancing or working in the stalls. Charlie Chaplin on stilts had us laughing, tapping people on the shoulder with his cane or handkerchief to see their reactions.

There was also the usual ropery attractions and other exhibitions we saw on our last visit.

A moist enjoyable day and all too soon it was time to leave and re-join our coach home.

Yet again our thanks go to Daphne for organising this trip.

Ros & Geoff Bradley

We had a photo taken with two ladies dressed as Land Army girls.



**Pictures of the flower displays at Ely Cathedral from our recent trip**



**Pictures from our recent trip to Beth Chato Gardens**



**The General Data Protection Regulations new law came into effect in May 2018 which affects the way we keep information. We send out newsletters by post and email to our members, but we will never pass on your details to a third party under any circumstances. Should you wish to be removed from our mailing lists please do let us know your details by post or email - together with your full name and postal address your details will then be removed.**

***If you change your email or postal address at any time, we should be most grateful if you would please let us know in order that we can keep our records fully up to date. Please write to or email our office at to let us know. Thank you.***

**We hope you enjoy this latest newsletter. We are always looking for interesting items to include. If you wish us to include anything then please let either Daphne or Malcolm know, and we will do our best to include in the next edition.**

**Cancer Care Club Contacts:**

**Daphne Woodcock, Social Secretary & Fund Raiser 01227 720631**

**Malcolm Hodgson, Secretary & Webmaster 01843 639777 or 07760301116**

**[hodgson\\_m5@sky.com](mailto:hodgson_m5@sky.com)**

**Eve Twyford, Treasurer 01227 766166**

**Peter Cross, Press Officer 01227 793393**

**Newsletter Secretary, currently vacant (being covered by Malcolm Hodgson).**

**If you no longer wish to receive the newsletter contact Daphne or Malcolm**

**Christmas Lunch 2018 at the Abbots Barton Hotel on  
Thursday, 13th December 12.30 for 1.00 pm**

**On Arrival - Non-alcoholic Punch/Fruit Juice with nibbles in the Lounge.  
Alcoholic Drinks available at the Bar (Your own purchase).**

**Please choose one number only from each course. This is an ADULT ONLY event**

There will be a bottle of Red and White Wine, a jug of Orange Juice and Water on every table.

**STARTERS**

- (1) Vegetable soup with Garlic Croutons (V)
- (2) Ham Hock Terrine, Homemade Cauliflower & Cucumber Piccalilli
- (3) Red Cabbage Coated Salmon, Pickled Vegetables, Lemon Mayonnaise & Melba Toast

∞ ∞ ∞ ∞ ∞ ∞ ∞ ∞ ∞ ∞

**MAIN COURSE**

- (4) Roasted Turkey from the Butcher of Brogdale, Roasted Potatoes, Honey Roast Parsnips, Chestnut Stuffing & Sherry Gravy.
- (5) Roasted Vegetable Tart, Chickpea & Parsley Vinaigrette, Black Truffle Potatoes.
- (6) Grilled Sea Trout, Smoked Bacon, Puy Lentils, Salse Verde, Braised Kale.
- (7) Traditional Beef Shin, Mash Potato, Turned Carrots, Red Wine Sauce.

All main courses are served with a selection of traditional winter vegetables from Watts

**Farm in Kent**

∞ ∞ ∞ ∞ ∞ ∞ ∞ ∞ ∞ ∞

**DESSERT**

- (8) Christmas Pudding, with Brandy Sauce
- (9) Mulled Wine Poached Pear, Vanilla Ice Cream
- (10) Mixed Fruit Salad
- (11) Fine Cheese from Kent & Sussex, Ashmore Farmhouse, Kentish Blue, Saint Giles.  
Water Biscuits, Celery, Tomato Chutney

There will be fresh filtered coffee or tea and Mince Pies served for everyone  
and a Raffle afterwards

✂ .....

If you would like to attend, please return this form with a cheque payable to the Cancer Care Club

Name(s): .....

Address.....

..... Tel. No. \_\_\_\_\_

Amount of cheque £22.50 per person £.....

**Menu Choice No. for Each Person**

You: \_\_\_\_\_ Your Partner: \_\_\_\_\_

Return to Daphne Woodcock, Eversfield, Canterbury Road, Wingham, Canterbury CT3 1NL

(Tel 01227 720631). **Booking Forms must arrive by Saturday, 1<sup>st</sup> December 2018 at the very latest. (The sooner the better). Please enclose a SAE for your receipt. Also note that your booking cannot be confirmed until payment has been received.**