

Cancer Care Club Spring Newsletter May 2010

Annual General Meeting

The AGM on 19th March was well attended. The existing Committee members were re-elected.

The Chairman, Nick Goodger, was unable to attend but Jacky Guyver ably handled proceedings on his behalf. She read the address sent by Nick in which he outlined the club's achievements and activities over the year, including the Christmas party and lunch and the funding of new equipment and a part-time therapist post for the Supportive Therapies Unit at the Kent and Canterbury Hospital.

He also paid tribute to those who have raised significant amounts of funds for us over the last few years. Three in particular, Heather Morgan, Des Connolly and Richard Ovenden have agreed to become patrons of the Club. We are very grateful for their support.

Forthcoming Events

Summer Barbeque

This will be on **Saturday 7th August** at Pfizers Social Club in Sandwich. Further details will be available soon. Please see the enclosed invitation for further details.

Next Evening Talks will be on the 2nd June and 7th July

Next Lunchtime Meetings will be on 17th June, 15th July and 19th August

Coffee morning on 10th June 11am-1pm at the Little Stour Farm Shop at Wingham (on A257 to Sandwich). The owner will be making a donation to the Club. Please let Daphne Woodcock know (01227 720631) if you are coming.

St Martin's Fair at St Martins Hospital Canterbury 12th June from 2pm. Daphne Woodcock will be running a stall to raise money for the Club.

Trip to Dungeness Jacky Guyver is considering organising a round trip by coach to Dungeness from Canterbury, with a ride on The Romney Hythe and Dymchurch railway, on September 11th. The cost will probably be about £20 per head. If you are interested, please could you let Jacky know (01304 617975) by 16th July.

Members with long memories required

Our club is still going strong after 26 years, and as previously reported, one of our members, Veronica Stebbing, has kindly agreed to write a short history of the club, documenting its activities and achievements during its existence. She is having a problem with finding accurate dates. Does anyone remember when the first meeting of the club (then called the Chemoptimists) took place? Anyone with memories of the early years of the club, please contact Ann Clewer on 01227 455260

Cancer Partnership Locality Group Meetings

As we reported in the last newsletter, the structure of the Partnership has changed. Instead of four meetings a year, the Partnership will have four locality groups, one of which will be in East Kent. Meetings will run quarterly and members will be advised of the topics being discussed in advance. The first areas for discussion at the locality meetings will be **Psychological Support and Welfare Benefits**. The East Kent meeting will be at the **Kent and Canterbury Hospital** but we have not yet been advised of the date.

To make sure you find out about these meetings, the best way is to become a member. All you have to do is register with Holly Till, Cancer Partnership Facilitator, Kent and Medway Cancer Network, Preston Hall, Aylesford, Kent ME20 7NJ, or contact Holly at holly.till@nhs.net. It doesn't cost anything and you are under no obligation to do anything but you will be kept in touch with local meeting topics and developments.

If you would like me to register you with the Partnership, just give me a call on 01227 455260 and I will sort it out for you.

Cancer survivor Margaret runs 10 kilometres for the club

Margaret Connolly, who was diagnosed with cancer last October and finished a course of radiotherapy only two months ago, has completed the Whitstable 10k race in an impressive time of 50 minutes and 28 seconds, two minutes less than her previous personal best. Not only that, but she managed through sponsorship to raise nearly £700 for the Cancer Care Club. We congratulate Margaret on her achievement.

Sponsorship Forms available

If you know anyone who would like to raise funds for us by being sponsored for some activity, contact Ann Clewer on 01227 455260 for sponsorship forms.

The Trip to Pashley Manor - a report by Jean Gowan

After a pleasant drive our minibus arrived at Tenterden for coffee and cakes, or whatever you fancied. Afterwards we had a stroll around the many interesting shops.

We then drove off to Pashley Manor. The gardens are beautiful. The tulips certainly rose to the occasion and as for the sculptures – wonderful. The weather was perfect so in all, a lovely day out.

Suggestions for days out

If you have any suggestions for other trips we could organise please let Jacky know on 01304 617975 (not Sundays)

Raffle Prizes please

As ever, we would be very grateful for donations from members of any items that could be used as raffle prizes, both at the barbeque and for our regular raffles at lunchtime meetings. Please contact Jacky Guyver on 01304 617975 (not Sundays).